

COOL WEATHER GARDEN.txt

þ YHAH3\E

>> IT'S THAT TIME OF YEAR AGAIN, THE TIME WHEN LEAVES CHANGE COLOR, TEMPERATURES COOL AND AUTUMN PLANTS AND VEGETABLES ARE HARVESTED.\E  
THE WEATHER'S PLEASANT NOW, BUT BEFORE YOU KNOW IT, IT'S GOING TO GET COOLER.\E  
COLD WEATHER CAN WREAK HAVOC ON PLANTS.\E  
AND WITHOUT THE PROPER PREPARATION, A BEAUTIFUL GARDEN LIKE THIS ONE COULD UNDERGO SHOCK AND DIE.\E  
FORTUNATELY, THERE ARE A FEW SIMPLE STEPS TO DO IN GETTING YOUR GARDEN READY FOR PLANTING COOL WEATHER VEGETABLES AND FLOWERS.\E  
AND FALL IS THE PERFECT TIME TO DO IT.\E  
IT IS A BEAUTIFUL DAY, SO LET'S GO AHEAD AND GET STARTED.\E  
IN REGIONS SUCH AS THE ONE WE ARE IN, FALL IS A TIME, LIKE SPRING, WHERE PLANTS BEGIN TO GROW AGAIN.\E  
AND ONE WAY TO KEEP AN ORGANIC GARDEN HEALTH IS TO ADD SOME NATURAL ASSISTANCE.\E  
IN THIS CASE, EARTHWORM CASTINGS.\E  
TO HAVE EARTHWORM CASTINGS AVAILABLE, WE'RE GOING TO BUILD UP AN EARTHWORM BIN.\E  
TWO OF MY ASSISTANTS, CHRISSY AND AMANDA, START BY LOADING UP ORGANIC COMPOST.\E  
WE THEN DUMP IT INTO THE BIN.\E  
OKAY, TO BEGIN WITH IN BUILDING THIS EARTHWORM BED, WE'RE GOING TO GO AHEAD AND TAKE THE NEWSPAPER AND LAYER IT.\E  
SO GO AHEAD, CHRISSY, HELP ME.\E  
WE'RE GOING TO PUT DOWN THIS NEWSPAPER.\E  
IN ESSENCE, IT HELPS HOLD IN MOISTURE.\E  
SO WHEN ADDING YOUR COMPOST, IT'S GOOD TO REMEMBER THAT YOU NEED TO HAVE ORGANIC MATTER BECAUSE THAT'S WHAT WORMS FEED OFF OF.\E  
SO BESIDES PUTTING OUR COMPOST IN HERE TODAY, WE'RE ALSO GONNA GO AHEAD AND ADD SOME CORNMEAL BECAUSE WORMS ENJOY THE CORNMEAL.\E  
THIS IS AN AGRICULTURAL GRADE CORNMEAL.\E  
WE WANT TO GO AHEAD AND ADD SOME CASTINGS, AS WELL.\E  
THESE CASTINGS HAVE LITTLE EARTHWORM EGGS IN THEM.\E  
BUT JUST TO BE ON THE SAFE SIDE, IN CASE THESE CASTINGS DON'T HAVE ENOUGH EARTHWORM EGGS THAT CREATE SOME EARTHWORMS, WE WANT TO GO AHEAD, AND WE'VE GOT SOME GARDEN-VARIETY EARTHWORMS THAT WE'RE GONNA PUT IN, AS WELL.\E  
ALL THAT'S LEFT NOW IS TO ADD ONE MORE LAYER TO THE BED, ADD A LITTLE WATER, AND THEN IT'S COMPLETE.\E  
IN 90^DAYS, THE BINS WILL BE OVERFLOWING WITH FAT EARTHWORMS AND THEIR CASTINGS.\E  
YOU CAN WORK THEM INTO THE SOIL AND SPREAD THEM AROUND WHEN PREPARING GARDEN BEDS FOR PLANTING.\E  
FALL IS THE PERFECT TIME TO PLANT THESE COOL-WEATHER PLANTS.\E  
THE HEAT OF THE SUMMER IS GONE.\E  
THEY CAN GO IN THE GROUND AGAIN WITHOUT THE STRESS.\E  
FURTHERMORE, IT'S GOOD TO PLANT YOUR COOL-WEATHER PLANTS IN THE FALL AND LET THESE PLANTS GRADUALLY COME INTO THE COOL.\E  
THAT WAY, ASSURING THAT THEY WON'T GET SHOCKED WHEN THE WINTER'S HERE.\E  
I DON'T WANT TO MISS OUT ON THE COOL WEATHER SEASON OF PLANTING GOURMET GARLIC, SO I'M ALSO INSTALLING A LITTLE BIT FOR MY COOL WEATHER VEGGIE BED.\E  
WITH NICE, PREPPED SOIL, IT DOESN'T TAKE LONG TO PLANT OUR COOL-WEATHER VEGETABLES.\E  
AND ONCE THEY'RE IN PLACE, WE NEED TO FEED THEM.\E  
NOW THAT WE HAVE THE PLANTS IN THE GROUND, WE'RE GIVING THEM JUST WHAT THEY NEED, FRESH, AERATED COMPOST TEA^-- A MIX OF

COOL WEATHER GARDEN.txt

EARTHWORM CASTINGS, MOLASSES, A LITTLE BIT OF SEAWEED.\E  
JUST THE DRINK THEY LOVE.\E  
CHRISSEY AND I CONTINUE, ADDING COMPOST TEA TO THE PLANTS.\E  
THE TEA IS JUST ONE STEP TO PREPPING THE GARDEN.\E  
HOWEVER, WE ALSO HAVE TO INSULATE THE PLANTS AGAINST THE  
COMING COLD.\E  
A GREAT WAY TO PROTECT YOUR COOL WEATHER PLANTS FROM THE  
WINTER IS TO MULCH THEM WITH ALFALFA.\E  
THIS IS BETTER THAN STRAW.\E  
IT HAS THE NUTRITIONAL VALUE, SO YOU'RE NOT ONLY PROTECTING  
YOUR PLANTS, BUT YOU'RE ALSO GIVING THEM A LITTLE NITROGEN  
BOOST.\E  
THIS ONLY TAKES A LITTLE BIT OF TIME, ELBOW GREASE AND WATER.\E  
AND ONCE IT'S DONE, THIS GARDEN IS SET FOR WINTER.\E  
IN ADDITION TO PLANTING COOL-WEATHER VEGETABLES, IT'S NICE FOR  
THE HOLIDAYS TO PLANT SOME HARDY HERB.\E  
WHAT I HAVE TODAY IS SOME FRENCH LAVENDER, WHICH IS VERY NICE,  
AROMATIC.\E  
IT IS WONDERFUL IN POULTRY DISHES.\E  
I ALSO HAVE SOME CREEPING ROSEMARY, AN ALL-AROUND GREAT HERB  
FOR SO MANY THINGS.\E  
CHICKEN JUST BEING ONE OF THEM.\E  
AND I HAVE SOME GARDEN SAGE, WHICH FOR HOLIDAY COOKING, THE  
TURKEYS, THIS IS A WONDERFUL HERB.\E  
AND ANOTHER WINTER HARDY HERB WHICH THAT'S NICE IS ITALIAN  
OREGANO.\E  
IT'S WONDERFUL TO HAVE IT ON HAND, SO DURING YOUR HOLIDAY  
COOKING, YOU CAN JUST GO OUT INTO THE GARDEN AND PICK FROM THIS  
WONDERFUL ASSORTMENT OF COOL-WEATHER PLANTS.\E  
CHRISSEY AND AMANDA PLANT THE WINTER CULINARY HERBS.\E  
UNLIKE THE OTHER GARDEN, THERE IS NO NEED FOR ADDITIONAL  
INSULATION DUE TO THE HARDINESS OF THESE PLANTS.\E  
IN THE WEEKS TO COME, THESE HERBS AND FLOWERS CAN BE  
HARVESTED, ADDING COLOR AND FLAVOR TO YOUR HOLIDAY MEAL.\E  
WITH JUST A FEW SIMPLE STEPS, THIS GARDEN IS NOW READY TO THRIVE,  
AND IN SOME CASES, EVEN BLOOM IN THE COLDER WEATHER.\E  
BEAR IN MIND THAT CLIMATES VARY THROUGHOUT THE COUNTRY, SO  
BEFORE YOU CHOOSE YOUR COLD-WEATHER PLANTS, GO TO YOUR LOCAL  
NURSERY AND FIND OUT WHICH ONES WORK BEST FOR YOUR AREA.\E  
IF YOU'D LIKE TO FIND OUT MORE ABOUT PROTECTING YOUR PLANTS  
FROM WINTER'S COOL CHILL, VISIT US AT [YOURHOUSEANDHOME.TV](http://YOURHOUSEANDHOME.TV).\E  
WE'RE TAKING A LITTLE BREAK, BUT WHEN WE GET BACK, IT IS ALL  
ABOUT YOUR HOUSE AND HOME.\E  
\P