

þ YHAH3\E

>> LIVING AN URBAN LIFESTYLE HAS AS GREAT MANY ADVANTAGES, BUT CITIES ALSO HAVE A LOT OF NOISE AND POLLUTION.\E

WHILE WE MAY LOVE THE MANY CONVENIENCES CITIES HAVE TO OFFER, THERE ARE TIMES WHEN WE'D LIKE TO BRING JUST A LITTLE BIT OF THE OUTDOORS INSIDE.\E

THAT CAN BE DIFFICULT, ESPECIALLY FOR THOSE IN A LOFT OR A TOWN HOME, BUT THERE IS A SOLUTION.\E

MY GOAL IS TO FIND JUST THE RIGHT MIX OF PLANTS THAT WILL SUIT MY CLIENT.\E

MANY PEOPLE MIGHT BE SURPRISED TO KNOW THAT SIMPLY PLACING A FERN OR TWO IN THE WINDOW MAY NOT BE THE BEST THING FOR THE PLANT OR FOR THEM.\E

IN THIS SEGMENT, I'LL EXAMINE EVERYTHING FROM SELECTING THE RIGHT CONTAINERS TO FILLING THEM WITH SOIL THAT WILL KEEP YOUR PLANTS GROWING WITH JUST THE RIGHT AMOUNT OF MOISTURE.\E

WHETHER YOU LIVE IN A TOWN HOME, APARTMENT OR LOFT, PLANTS ADD A LOT MORE LIFE TO YOUR SURROUNDINGS, BUT THEY CAN ALSO DO MORE THAN THAT.\E

>> RESEARCH SHOWS THAT A HOUSE FULL OF PLANTS CAN REDUCE THE AMOUNT OF AIRBORNE MOLDS AND BACTERIA BY UP TO 50% TO 60%.\E

>> TODAY, WE HAVE MORE KNOWLEDGE THAN EVER ABOUT OUR ENVIRONMENT AND THE EFFECT IT HAS ON OUR WELL-BEING, BOTH PHYSICAL AND EMOTIONAL.\E

I'M NOT SUGGESTING THAT LOVELY PLANTERS LIKE THESE TAKE THE PLACE OF A WALK IN NATURE, BUT RATHER A CLUSTER OF VIBRANT, LIVING PLANTS BRINGS A COMPONENT OF ENCHANTMENT TO OUR WELL-BEING.\E

CAN YOU TELL ME A LITTLE BIT ABOUT THIS ONE?\E

>> THIS IS A VRIESEA SPLENRIETTE.\E

IT'S A FANTASTIC PLANT.\E

I THINK YOUR CLIENTS WOULD LOVE IT.\E

IT HAS A LIFE SPAN OF ABOUT TWO MONTHS.\E

WHAT YOU WANT TO LOOK FOR FOR SURE IN A VRIESEA IS A TIGHT SPIKE.\E

IF YOU SEE THERE'S NO BREAK IN THE SPIKE HERE, AND THAT WILL GIVE YOU A SOLID TWO MONTHS OF COLOR.\E

AND YOU ONLY HAVE TO WATER IT ABOUT ONCE A MONTH.\E

>> MOST HOMES CAN BE DIVIDED INTO DIFFERENT AREAS, EACH WITH THEIR OWN FEEL AND TEXTURE, AND THE PLANTS IN THOSE ROOMS SHOULD MATCH THE OVERALL FEELING.\E

I'M LOOKING FOR THE PERFECT PLANT FOR A CLIENT OF MINE WHO HAS A FABULOUS LOFT.\E

I NEED SOMETHING THAT OFFERS A LITTLE BIT MORE THAN THE COMMON PLANT, BUT SOMETHING WITH STRUCTURE, A SCULPTURE, IF YOU WILL.\E AND SO I'M GONNA GET BRUCE TO HELP ME WITH THAT.\E

>> ELIZABETH, I'VE GOT THE PERFECT PLANT FOR YOU.Æ
THIS IS A SPECIMEN AGAVE LURIDA, AND BY SPECIMEN, I MEAN IT'S
PERFECT ALL BY ITSELF.Æ
IT DOESN'T NEED A REAL FANCY CONTAINER OR ANYTHING PLANTED
AROUND IT TO BE JUST PERFECT.Æ
>> THANKS, BRUCE, I'LL TAKE IT.Æ
MOST CITIES HAVE SPECIALIZED GARDEN SHOPS LIKE MINE WHO WILL
COME INTO YOUR LIVING SPACE AND MAINTAIN A PLANT SERVICE.Æ
TO SUIT MY CLIENT, FOR A CONTEMPORARY LIFESTYLE IN A LOFT, I'VE
GONE WITH A CONTEMPORARY PLANTER HERE.Æ
THIS REALLY GREAT BRIGHT GREEN.Æ
AND THEN JUST FOR A LITTLE ADDED, EXTRA TOUCH, I'VE USED SOME
CLUB MOSS, ALSO KNOWN AS SELAGINELLA, AND PUTTING ALL OF THESE
COMPONENTS TOGETHER, YOU HAVE WHAT I LIKE TO CALL IS THE
ENERGY PLANTER.Æ
THIS IS GOING TO BE A PLANTER THAT I'M GONNA USE IN A LIVING SPACE
WHERE THERE'S ACTIVITY.Æ
MANY OF MY CLIENTS ARE FROM WOODED AREAS, AND SO THIS IS
SOMETHING THAT'S GOING TO BRING AN AROMA, A MEMORY THERAPY
TO THEM, AND TO EVEN HEIGHTEN THE EXPERIENCE OF THAT NATURE
INTO THEIR LIVING SPACE.Æ
I'VE PUT IT IN THIS REALLY NICE BIRDCAGE.Æ
IT WORKS AS A BEAUTIFUL PLANTER, AND YET DOESN'T TAKE AWAY
FROM THE AIRINESS OF THIS BEAUTIFUL PLANT.Æ
NOW, THIS PARTICULAR PLANTER IS DONE FOR A CLIENT TO HAVE IN
THEIR BEDROOM.Æ
AND THERE HAVE BEEN STUDIES THAT SHOW THAT BLUE GIVES THE
CALMING EFFECT THAT PEOPLE NEED AFTER A BUSY, STRESSFUL DAY.Æ
I LOVE THIS PLANT.Æ
THIS IS COMMONLY KNOWN AS PAPERWHITE.Æ
IT IS A NARCISSUS.Æ
IT'S LOVELY MAINLY BECAUSE OF THE AROMA.Æ
IT'S A WONDERFUL AROMA.Æ
THIS IS A PLANT THAT I WOULD PICK FOR MY CLIENTS IN THEIR
BATHROOM BECAUSE IT GIVES OFF THAT SPECIAL AROMA.Æ
PLUS, ONCE THIS PLANT BEGINS TO BUD OUT, IT DOESN'T REQUIRE A LOT
OF LIGHT TO CONTINUE.Æ
IT'S IMPORTANT TO USE A REALLY GOOD MEDIUM FOR POTTING YOUR
PLANTS IN.Æ
THIS IS ESSENTIAL.Æ
NUMBER ONE, IT'S GOING TO FEED THE PLANTS.Æ
AND THEN NUMBER TWO, IT'S GOING TO RETAIN WATER, SO THAT'S
IMPORTANT.Æ
YOU WANT TO HAVE THE WATER, MOISTURE HELD, BUT NOT SO MUCH SO
THAT IT ROTTS THE PLANT.Æ

AND SO THIS PARTICULAR COMPOST ALSO IS MIXED WITH SOIL, HAS
COMPOST IN IT, AND THEN ALSO GROW CORE.\E
GROW CORE IS A VERY WONDERFUL, ORGANIC WAY TO HOLD MOISTURE
IN A CONTAINER WITHOUT BOGGING IT DOWN.\E
AND WHAT GROW CORE IS, IT'S SIMPLY JUST COCONUT SHELL THAT IS
GROUND UP.\E
FOR MORE INFORMATION ON URBAN PLANTERS, VISIT US ONLINE AT
YOURHOUSEANDHOME.TV.\E
COMING UP NEXT ON "YOUR HOUSE AND HOME." \E
THE FIRST LOOK AND THE BEST INFORMATION IS ONLY AVAILABLE TO
INSIDERS AT THE SUNBELT BUILDERS SHOW.\E
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